

**Bertolotti-Syndrome – Underrated problem,  
but worth to focus on it**  
Saturday, 22<sup>nd</sup> March 2025



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## Dear participants,

we're delighted to present to you our digital, non-profit, live approach to continuing education in the specialty of the SPINE.

As this is not a conventional continuing education event, please take a moment to let me explain the novel approach to continuing education that we're using — I think it'll be an exciting one for you.

It's called "SPINE TO GO".

SPINE TO GO is aimed at physicians and therapists who are looking for further training and continuing education in the field of the spine, not demanding too much time, and free of charge.

The approach is intended to offer the essential topics in conservative and surgical spine therapy in various formats.

Our special characteristics: Live online lectures on a topic in spinal therapy, with subsequent discussion by recognized international specialists — no charges — non-profit project — independence of content (with no influence from the medical industry or other stakeholders) — easy registration and enrolment — CME points — easy access from any computer/smartphone/tablet with Internet access — no recording of the lectures — financing of running costs

through donations.

We'd like to express our special thanks to the speakers, who are all recognized experts in their specialty. Their honorary contribution and the high-quality lectures they provide are the basis for SPINE TO GO's success. And as participants who are keen to learn, you are also making a contribution to sustaining the SPINE TO GO approach and the wide variety of benefits it provides.

We would be delighted to welcome you to lots of our events in the virtual lecture-hall!

**Univ. Prof. Dr. med. Tobias Schulte, M.D.**  
Director of the University Department of Orthopedics at the Ruhr University of Bochum, Department of Orthopedics and Trauma Surgery, Catholic Clinic Bochum, St. Josef-Hospital, Germany  
<http://www.prof-schulte.com/>



## Bertolotti-Syndrome – Underrated problem, but worth to focus on it

Saturday, 22<sup>nd</sup> March 2025

Start: 4:00 p.m.  
End: 6:15 p.m.  
Time zone = UTC+1 (Berlin time)

### 04:00 p.m.

#### Introduction

Prof. Dr. med. Tobias L. Schulte, M.D.

Dept. of Orthopaedics and Trauma Surgery, Ruhr University Bochum, St. Josef-Hospital, Bochum, Germany

### 04:05 p.m.

#### Biomechanics of Bertolotti-Syndrome

Prof. Michael P. Steinmetz, MD

Dept. of Neurosurgery, Cleveland Clinic Lerner College of Medicine, Director of Center for Spine Health, Cleveland, USA

### 04:35 p.m.

#### Radiological evaluation of lumbosacral transitional vertebrae

Prof. Mika Nevalainen, M.D.

Dept. of Radiology, Oulu University Hospital, Oulu, Finland

### 04:55 p.m.

#### Clinical diagnostic work-up of Bertolotti-Syndrome

Prof. Dr. med. Tobias L. Schulte, M.D.

Dept. of Orthopaedics and Trauma Surgery, Ruhr University Bochum, St. Josef-Hospital, Bochum, Germany

### 05:15 p.m.

#### Fusion vs. resection in Bertolotti-Syndrome

Jeremy L. Fogelson, M.D.

Dept. of Neurosurgery, Mayo Clinic, Minnesota, USA

### 05:45 p.m.

#### The future of Bertolotti-Syndrome

Prof. Dr. Arthur L. Jenkins, III MD FACS FAANS

Depts. of Neurosurgery and Orthopedic Surgery, Icahn School of Medicine at Mount Sinai, New York, USA

### 06:15 p.m.

#### Final Discussion



**Contact**

SPINE TO GO  
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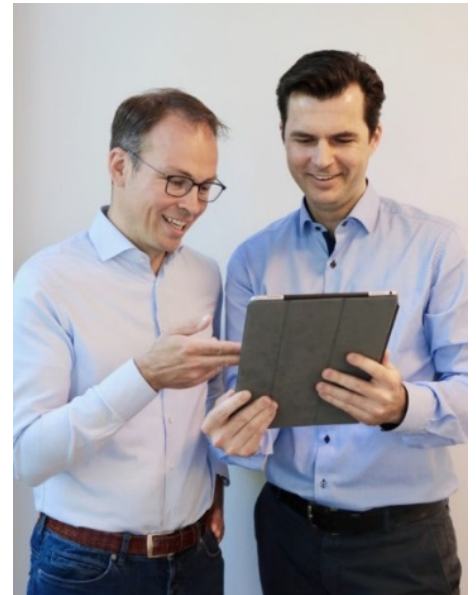
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